



**ISSAQUAH  
SCHOOL DISTRICT 411**

**LIFE-THREATENING ALLERGY/504 PLAN**

Student Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Teacher: \_\_\_\_\_

Grade: \_\_\_\_\_

School Year: \_\_\_\_\_

School: \_\_\_\_\_

picture

**◆ SIGNS OF AN ALLERGIC REACTION ◆**

- MOUTH itching, tingling, or swelling of the lips, tongue or mouth
- THROAT sense of tightness, itching in the throat, hoarseness, change in voice, throat clearing
- SKIN hives, itchy rash, and/or swelling
- GUT nausea, stomachache, abdominal cramps, vomiting, and/or diarrhea
- LUNG shortness of breath, repetitive coughing, and/or wheezing
- HEART fainting, dizziness, weak pulse, blueness, and/or pale skin
- GENERAL anxiety, confusion, sudden fatigue, chills, and/or feeling that something bad is about to happen

**TO BE COMPLETED BY LICENSED HEALTHCARE PROFESSIONAL**

Severe allergy to: \_\_\_\_\_ Date of Last Reaction: \_\_\_\_\_

**Asthma** \*Yes\*  \*\*High Risk for severe reaction No

**◆ MEDICATION ORDERS ◆**

Give:  Epinephrine Auto-injector (0.3mg)  Epinephrine Auto-injector (0.15mg)

If symptoms persist after \_\_\_\_\_ minutes; give second dose of Epinephrine Auto-injector if available.

Antihistamine \_\_\_\_\_ Dosage \_\_\_\_\_ Route \_\_\_\_\_ Time \_\_\_\_\_

Yes  No  Can this student responsibly **carry** the emergency medication in their backpack/purse?

Yes  No  Can this student responsibly **self-administer** the emergency medication?

Yes  No  Student demonstrated for the LHCP the skill necessary to self-administer the Epinephrine?

Licensed Health Care Professional authorizing administration of above medications:

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print name \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

**◆ EMERGENCY ACTION PLAN ◆**

If student has symptoms or you suspect exposure to their allergen:

1. INJECT EPINEPHRINE IMMEDIATELY – place auto-injector in sharps container after EMS depart.
2. Adult should stay with student at all times.
3. CALL 911 and report that Epinephrine has been administered for an allergic reaction.
4. Note time of reaction. Note time(s) medication given.
5. Notify parent/guardian, school nurse and school administrator.
6. Lay student flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
7. Consider giving additional ordered medications following the Epinephrine Auto-injector:
  - a. Antihistamine
  - b. Inhaler if wheezing or breathing difficulties
8. If symptoms persist, additional Epinephrine may be administered if ordered and available.
9. The student must be transported by medical personnel or a parent and may NOT remain at school.
10. Send a copy of the Confidential Health Form with EMS.
11. Complete Incident Report & 911 Checklist.

My signature below gives permission for the school team to evaluate my child for a 504 plan based upon their allergy condition.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Authorization for Administration of Medication at Elementary and Middle School**

**The following section is to be completed by the PARENT/GUARDIAN**

*(please print)*  
 Student's Name: \_\_\_\_\_ Sex: \_\_\_\_\_  
Last First

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Name of Medication: \_\_\_\_\_ Reason for taking it: \_\_\_\_\_

---

Name of Physician/Health Care Provider \_\_\_\_\_ Physician Phone # \_\_\_\_\_ Physician Fax # \_\_\_\_\_

*I request and authorize the school to administer the identified medication to the above student in accordance with the Health Provider's prescribed instructions, not to exceed the current school year. I give my permission for exchange of information between the School District staff and the Licensed Health Care Provider. I understand that the medication is to be furnished by me in the original container. For self-administration of inhaler or epi-pen, I authorize my child to carry and self-administer medication as specified. I shall hold harmless and indemnify the Issaquah School District's officers, employees and agents against all claims, judgments or liabilities arising out of the self-administration of medication as described.*

Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**The following section is to be completed by the PHYSICIAN/HEALTH CARE PROVIDER**

*(please print)*  
 Diagnosis for which medication is given: \_\_\_\_\_

Name of medicine: \_\_\_\_\_

Dosage, time and mode of administration: \_\_\_\_\_

If medicine is to be given AS NEEDED, describe indications: \_\_\_\_\_

\_\_\_\_\_

If medication is prescribed for a limited length of time, please write duration: \_\_\_\_\_

List significant side effects: \_\_\_\_\_

Other information: \_\_\_\_\_

For inhalers - Student is capable of carrying and self-administration  YES  NO  
 For Epi-pen/Epi-pen Junior - Student is capable of carrying and self-administration  YES  NO

\*Checking yes indicates that student has been instructed in the purpose and appropriate method/frequency of use.

*I request and authorize that the above named student be administered the above identified medication in accordance with the instructions indicated. Medication orders are good for the current school year, unless a shorter period is specified. There exists a valid health reason which makes administration of the medication advisable during school hours or during such time that the student is under the supervision of school officials.*

Health Care Provider's Signature: \_\_\_\_\_

Health Care Provider's Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_ Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

School Nurse Approval: \_\_\_\_\_ Date: \_\_\_\_\_

Date: 09.24.86; 05.12.93; 06.26.96; 07.15.03; 06.02.06; 12.10.12; 10.26.15

Issaquah School District #411  
**Disaster Planning Authorization for the Administration of Medication  
for 72 hours at School**

Student Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

I give my permission for exchange of information between the school district staff and the licensed health care provider.  
Date: \_\_\_\_\_ Parent/Guardian Signature: \_\_\_\_\_

**THIS PORTION TO BE COMPLETED BY THE LICENSED HEALTH CARE PROVIDER**

Name of Medication                                      Dosage                                      Time of Day To Be Taken

Diagnosis or reason for medication: \_\_\_\_\_

For inhalers student is capable self-administration: YES  NO

Possible side effects of medication: \_\_\_\_\_

Additional Instructions: \_\_\_\_\_

I request/authorize the school to administer the above medication to the above identified student in accordance with the instructions indicated above for the period from \_\_\_\_\_ to \_\_\_\_\_

Licensed Health Care Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Print Name: \_\_\_\_\_

**THIS PORTION TO BE COMPLETED BY THE PARENT/GUARDIAN**

Name of Medication                                      Dosage                                      Time of Day To Be Taken

Diagnosis or reason for medication: \_\_\_\_\_

I request/authorize the school to administer the above medication to the above identified student in accordance with the Licensed Health Care Provider's instructions for the period from \_\_\_\_\_ to \_\_\_\_\_ (not to exceed current school year).

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Telephone Number: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

School Nurse approval: \_\_\_\_\_ Date: \_\_\_\_\_

Date: 09.24.86; 05.12.93; 06.26.96; 07.15.03; 06.02.06; 12.10.12