



BETA-BLOCKER & ENVIRONMENTAL/VENOM IMMUNOTHERAPY

I acknowledge that [I am/my child is] presently taking a beta-blocker medication. Beta-blockers treat high blood pressure, arrhythmias (abnormal heartbeats), glaucoma (elevated eye pressure), migraines, tremors, panic attacks, and thyroid disease. They **may increase the chance that a systemic reaction to immunotherapy is more difficult to treat.**

I have discussed with my prescribing physician the beta-blocker about alternative medications. However, if no alternative is available, *for some, the benefits of immunotherapy (i.e., improved quality of life and reduced allergy symptoms) may outweigh the possible risks while on a beta-blocker.* According to the Practice Parameters on Anaphylaxis (2015), written by an expert panel of allergists, the *benefits* of venom immunotherapy *outweigh* the potential risks associated with beta-blockers in those patients with anaphylaxis to stinging insects.

<p>EXAMPLES</p> <p>Beta-Adrenergic Blockers</p> <ul style="list-style-type: none"> • acebutolol hydrochloride (<i>Sectral</i>) • atenolol (<i>Tenormin</i>) • betaxolol hydrochloride (<i>Kerlone</i>) • bisoprolol fumarate (<i>Zebeta, Ziac</i>) • esmolol hydrochloride (<i>Brevibloc</i>) • metoprolol (<i>Lopressor, Toprol XL</i>) • penbutolol sulfate (<i>LevatoI</i>) • nadolol (<i>Corgard</i>) • nebivolol (<i>Bystolic</i>) • propranolol (<i>Inderal, InnoPran</i>) • timolol maleate (<i>Biocadren</i>) • sotalol hydrochloride (<i>Betapace, Sorine</i>) 	<p>Alpha/Beta-Adrenergic Blockers</p> <ul style="list-style-type: none"> • carvedilol (<i>Coreg</i>), labetalol (<i>Trandate, Normodyne</i>) <p>Combination Products</p> <ul style="list-style-type: none"> • <i>Corzide</i> (nadolol) • <i>Dutoprol</i> (metoprolol) • Inderide (propranolol) • <i>Lopressor</i> (metoprolol) • <i>Tenorectic</i> (atenolol) • <i>Timolide</i> (timolol) • <i>Ziac</i> (bisoprolol)
<p style="text-align: center;">Eye Drops</p> <ul style="list-style-type: none"> • betaxolol (<i>Betoptic</i>) • carteolol (<i>Octupress</i>) • levobunolol (<i>Betagan</i>) • metipranolol (<i>OptiPranolol</i>) • timolol (<i>Betimol, Timoptic</i>) 	

I have read and understand that beta-blockers may increase the risk for a systemic reaction to allergy immunotherapy which may be more resistant to treatment. My/my child's physician, who prescribed the beta-blocker, and I have discussed that there are no acceptable alternatives to a beta-blocker. I have had sufficient opportunity to discuss my condition with my allergist and have had my questions answered to my satisfaction. I understand the risks and wish to continue with immunotherapy.

Patient's Name

Date of Birth

Responsible Party/Guarantor Printed Name same as above

Relationship to Patient

Patient/Responsible Party/Guarantor Signature

Date

Healthcare Provider's Signature

Date