

WELCOME!

We are honored that you have chosen **Northwest Asthma & Allergy Center** to become a member of your healthcare team. We look forward to caring for you and/or your family. Our providers are trained and experienced in the treatment of asthma, allergies, eczema, hives, and immune system disorders for both children and adults.

We strive to make your visit a pleasant one and make every effort to be timely. Your appointment time has been reserved exclusively for you. Therefore, we respectfully request that you notify us as soon as possible if you are unable to keep your scheduled visit. Please note that a **minimum of 24 hours** is required to avoid the late cancellation/no show fee. (See our attached *Financial Policy*.) If you are late for your appointment, we may ask you to reschedule to another day.

We highly encourage you to call your insurance company to verify your allergy benefits along with any limitations you may have on your policy.

We require that a parent or legal guardian be present for the initial new patient appointment. We understand that there may be extenuating circumstances that make this difficult so please notify us ahead of time. Foster parents must provide legal documentation showing they have authorization from the state to obtain healthcare, including allergy testing.

Please use the checklist below to ensure that we will have all the information needed for your initial evaluation.

We look forward to meeting you!

- ☒ **3 days before your appointment:** Please discontinue antihistamines to allow for potential skin testing. See Antihistamines Table on the back. If you have chronic hives or severe itching, you should continue your antihistamines and keep your scheduled appointment to discuss alternative medications or testing options.
DO NOT STOP asthma medications such as Montelukast, inhalers, or oral steroids e.g. prednisone/prednisolone/methylprednisolone.
DO NOT DISCONTINUE antidepressants or psychotropic medications without consulting with your prescribing physician.
- ☒ **1 day before your appointment:** Please discontinue histamine blocking reflux medications such as ranitidine or famotidine. Proton pump inhibitors (PPIs) e.g. omeprazole, esomeprazole, lansoprazole, pantoprazole DO NOT need to be discontinued.
- ☒ **Please arrive 30 minutes** prior to your scheduled appointment time to complete paperwork.
- ☒ Allow 1-1/2 to 2 hours for a New Patient appointment.
- ☒ Bring your photo ID such as driver's license or identification card, insurance card, co-pay, and credit card to keep on file.
- ☒ Bring a current list of all prescription medications, over-the-counter medications, and supplements with the dosages that you take.
- ☒ Bring a copy of any relevant medical records with you such as hospital records, previous allergy testing, and radiology and/or laboratory results.
- ☒ Bring address and telephone number of your referring doctor or primary care physician.
- ☒ Wear comfortable clothing to allow for skin testing. This is generally done on the forearms, upper arms, or the back.
- ☒ Northwest Asthma & Allergy Center is fragrance-free. We kindly ask you to refrain from wearing any perfume or scented products to your appointment.
- ☒ Please do not eat/snack while in the office.

WHEN TO STOP MEDICATION BEFORE TEST	NAME OF MEDICATION
10 days	Oral antihistamines <ul style="list-style-type: none"> • Cyproheptadine (Periactin) • Hydroxyzine (Atarax, Vistaril)
3-7 days	Nasal spray and/or eye drop antihistamines <ul style="list-style-type: none"> • Azelastine (Astelin, Astepro, Dymista) • Olopatadine (Pataday, Patanase, Patanol) Oral antihistamines (can be in cold/flu/sleep medications) <ul style="list-style-type: none"> • Acrivastine (Semprex-D) • Brompheniramine (in combination products) • Carbinoxamine (Dimetapp, Palgic, Rondec) • Cetirizine (Zyrtec, Wal-Zyr, Allertec, etc.) • Chlorpheniramine (Chlor-Trimetron, Triaminic, etc.) • Clemastine (Tavist) • Desloratadine (Clarinex) • Diphenhydramine (Benadryl, Nyquil, may end in -PM) • Fexofenadine (Allegra, Allerfex) • Levocetirizine (Xyzal) • Loratadine (Alavert, Allerclear, Claritin, etc.) • Pheniramine Motion sickness pills: <ul style="list-style-type: none"> • Cyclizine (Marezine, Nausicalm, Valoid, etc.) • Meclizine (Antivert, Bonine, Dramamine) Anti-nausea pills: Promethazine (Phenergan)
24 hrs	Certain anti-reflux medications (which are antihistamines) <ul style="list-style-type: none"> • Cimetidine (Tagamet) • Famotidine (Pepcid) • Ranitidine (Zantac)

PLEASE CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS

NORTHWEST ASTHMA & ALLERGY CENTER (NAAC)
NOTICE OF PRIVACY PRACTICES & FINANCIAL RESPONSIBILITY
ACKNOWLEDGMENT

NOTICE OF PRIVACY PRACTICES

Northwest Asthma & Allergy Center (NAAC) has a responsibility to protect the privacy of your healthcare information. We maintain a record of the healthcare services we provide you. As permitted by law, we will share this information to provide and coordinate your medical treatment, bill for these services, and conduct usual healthcare operations. You have the right to review, obtain a copy, or request to amend the record if needed.

Our ***Notice of Privacy Practices*** describes your rights to your health information and how this information may be used and disclosed. Sharing your health information is typically used to improve the continuity of care you receive. Common examples include accessing prescription history for pharmacy benefits, discussing an opportunity to enroll you in clinical research studies with our non-profit research affiliate, ASTHMA, Inc. dba Seattle Allergy & Asthma Research Institute, and/or participating with Health Information Exchanges (HIE) with other healthcare organizations to improve quality, safety, and efficiency of health care. We may change the Notice of Privacy Practices at any time; a current copy is found on our website: www.nwasthma.com, or you may contact our Privacy Officer for additional questions or concerns.

FINANCIAL POLICY

1. Payment of services: The cost of all medical care is the patient's responsibility regardless of insurance coverage.
2. Patient information/proof of insurance: If the patient is insured, we require that it be disclosed to us for billing purposes and that the insurance ID card is presented for proof of insurance. The patient is responsible for updating us promptly if there is a change to the insurance plan.
3. Insurance: We participate in most insurance plans and will submit claims on your behalf to your insurance company. Knowing your insurance benefits and rules is your responsibility. We highly encourage you to call to verify your benefits and any limitations on your policy. If your plan has limitations, you are responsible for sharing them with the provider before any procedures are performed. If your insurance company requires a specialist referral from your primary care physician and/or approved by your insurance plan, it is your responsibility to obtain that referral before scheduling your appointment. Referrals (including allergy shots, biologic treatments, and procedures) must be up-to-date and on file before all appointments. You will be responsible for any charges resulting from an expired referral.
4. Co-payments: Co-pays must be paid at the time of service.
5. Private pay: If you do not have insurance, a \$300 deposit will be required for a New Patient visit; a \$150 deposit will be required for an Established Patient visit. If any amount remains after charges are covered, it will be applied to future visits. Most services will receive a 20% discount.
6. Non-covered services: Our providers follow appropriate medical guidelines for standards of care based on your medical condition. Please be aware that some of your services may be determined by your insurance plan to be only partially or not covered. You will be responsible for the cost of services not paid by insurance.
7. Claims submission: We will bill your insurance company on your behalf. You are responsible for knowing your insurance benefits. Coverage, co-payments, co-insurance, and deductibles can change annually. Some insurance companies have time limits on when claims must be submitted. We cannot file the claim promptly if we do not have the correct information.
8. Account balances: All account balances are due upon receipt of your billing statement. The account may be referred to a third-party collector if it becomes past due. Continued failure to pay the account balance may result

in discharge from the practice, including family members who are also patients. In such a case, you may request that your medical records be transferred to another provider at no charge. If you are discharged, you may be reinstatement to the practice only after all financial obligations have been paid in full.

9. Method of payment: We accept cash, checks, and credit cards, including American Express, Discover, MasterCard, or Visa.
10. Returned checks: Any non-sufficient fund checks will be charged a \$35 fee.
11. Late cancel and no-show appointments: If you arrive more than 15 minutes after your scheduled appointment, we may ask you to reschedule for another day, which will be a no-show appointment. Most late-cancel (less than 24- hour notice) and no-show appointments will incur a \$75 fee. If a patient late-cancels or no-shows twice within 12 months, the patient and other family members on the account may be discharged from the practice. While we send out courtesy electronic reminder notices, the patient must attend the appointment or give us 24-hour notice for canceling or rescheduling.
12. Divorce/separation: In cases of divorce and/or separation, the legal guardian and/or the person completing paperwork and/ or bringing the child in for the initial visit will be considered the Guarantor and will be held responsible for paying for any medical services. If you provide legal documentation that someone other than the legal guardian is financially responsible and provide billing information for that accountable party, we will attempt to bill that party. However, if the balance is unpaid by that person, you will be held responsible for the balance on your child's account.

I have reviewed a copy of the Notice of Privacy Practices which provides information about how my health information may be used and disclosed. I have read and understand the Financial Policy of Northwest Asthma & Allergy Center (NAAC). I assign payment from my insurance directly to NAAC. I understand that I am financially responsible to NAAC for the charges not paid by insurance and that those charges are due upon receipt of the invoice (billing statement).

I consent to the plan of care proposed by the providers in this clinic. I understand that I, or my authorized representative, have the right to decide whether to accept or refuse this care plan. I will ask for any information I want to have about my medical care and will make my wishes known. I understand that NAAC participates in training physicians and other healthcare providers and consents to their involvement. I understand that the practice of medicine is not an exact science and acknowledge that no guarantees have been made to me regarding the likelihood of success or outcomes of any examination, treatment, diagnosis, or test performed at or by NAAC.

Patient/Guarantor Signature	Date	
Printed Name of Signature Above	Relationship to Patient	
Patient's Name	Date of Birth	Acct # (office use)
Patient's Name	Date of Birth	Acct # (office use)
Patient's Name	Date of Birth	Acct # (office use)

NORTHWEST ASTHMA & ALLERGY CENTER (NAAC)

CONSENT TO DISCUSS MEDICAL CARE FOR

ADULT PATIENTS ≥18 years of age

(please complete separate Consent to Treat/Discuss for MINORS)

Many of our patients allow family members such as a spouse, parent(s)/legal guardian(s), grandparent(s), sibling(s) or children, or others such as a caregiver or friend to call and discuss medical information, request appointments, prescriptions, vaccine information, medical records, test results, or pick up forms, etc. Under the requirements of HIPAA, we are not allowed to give this information to anyone without a patient's consent. If you wish to have your medical information released to others, please complete this form. Signing this form will only give your consent to release information to the individual(s) listed below.

Patient Name: _____, date of birth _____

I authorize Northwest Asthma & Allergy Center to share and/or release my medical information to the following individuals:

PLEASE PRINT ALL NAMES LISTED BELOW. **PLEASE DO NOT LIST PHYSICIANS.**

_____ Name	_____ Relationship	_____ Phone Number
_____ Name	_____ Relationship	_____ Phone Number
_____ Name	_____ Relationship	_____ Phone Number
_____ Name	_____ Relationship	_____ Phone Number

☐ Or, I decline permission to verbally discuss my medical information with others.

☐ I give permission for NW Asthma & Allergy Center to leave detailed medical information at my telephone number(s):

() _____ () _____

☐ Or, I do not want detailed medical information left on any of my telephone numbers.

I understand that I can cancel this consent at any time (by writing to Northwest Asthma & Allergy Center) but that cancelling it will not affect any information that has already been released.

Signature of Patient/Authorized Representative

Date

If completed by an authorized representative, please sign and attach copies of legal documentation (DPOA).

Please use other side for annual updates.

Annual Updates (office staff to print, have patient review/make changes, initial and date annually)

INITIALS_____ Date:_____

Reviewed and ☐ Changes made or ☐ Correct as is

INITIALS_____ Date:_____

Reviewed and ☐ Changes made or ☐ Correct as is

INITIALS_____ Date:_____

Reviewed and ☐ Changes made or ☐ Correct as is

INITIALS_____ Date:_____

Reviewed and ☐ Changes made or ☐ Correct as is

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INITIALS_____ Date:_____

Reviewed and ☐ Changes made or ☐ Correct as is

INITIALS_____ Date:_____

Reviewed and ☐ Changes made or ☐ Correct as is



PATIENT HISTORY

Informant: Patient Parent Relative

DOCTORS NOTES

DESCRIBE YOUR SYMPTOMS:

- 1.
- 2.
- 3.

Other health concerns: _____

Onset of problem: infancy childhood teens age _____ or year _____

Areas lived: _____ Time in Northwest: _____

AREAS AFFECTED: ☐ Eyes ☐ Ears ☐ Nose ☐ Throat ☐ Lungs ☐ Digestive ☐ Skin

SYMPTOMS: (circle ALL that apply)	Itching/Red/ Tearing Eyes	Sneezing Runny Nose Congestion	Throat Clearing Infection	Bronchitis Tightness Wheezing	Abdominal Pain Heartburn	Hives Swelling Rash
	Ear Popping/ Plugging	Snoring Postnasal Drip	Bad Breath Cough	Shortness of Breath	Vomiting Diarrhea	Eczema
	Headache					

WHAT FACTORS CAUSE OR WORSEN SYMPTOMS?: (circle ALL that apply)

Spring, Summer Fall Winter Cold Air Heat Exercise
Outside In House Daycare School 2nd Home Colds/Upper Respiratory Infections
Cats Dogs Feathers/Down Smoke/Pollution Fumes/Chemical Odors
Other Animals: _____ Weather Changes
Tree Grass Weeds Mold/Mildew Dust Sun Soaps/Detergents Cosmetics Clothing

Insect Stings: ☐ Sting ☐ Bite Type of reaction: _____

Drug Reactions: Antibiotics Aspirin Other Anti-inflammatory (e.g., ibuprofen, naproxen, etc)

Type of reaction: _____

Foods: _____

Latex reactions: _____

PREVIOUS ALLERGY EVALUATION AND MEDICATIONS PRESCRIBED:

When? _____ Where? _____ MD? _____ Skin tests? _____

Treatments Tried: _____ Pills: _____

Nasal sprays: _____ Inhalers: _____

Allergy shots - Years: _____ Steroids (prednisone): _____

CURRENT AND "AS NEEDED" MEDICATIONS from all physicians (including over-the-counter products like aspirin, antihistamines, and vitamins):

DRUG ALLERGIES: _____

PAST MEDICAL HISTORY:

Hospitalizations: _____ ER visits: _____

Surgery: _____ Immunization up to date?: Yes No

CHRONIC MEDICAL PROBLEMS, PAST AND PRESENT: (circle ALL that apply)

Cancer (type _____)	GERD (acid reflux)	Kidney Disease	Positive Tuberculin Test/TB
Diabetes	Heart Disease	Migraine Headaches	Sinus Infections
Ear Infections	Hepatitis	Osteoporosis	Thyroid Disease
Epilepsy/Seizures	High Blood Pressure	Pneumonia	Ulcers

Other _____

FOR CHILDREN < 2 YRS.:

Birth History: Birth Weight: _____ Complications: _____

Breast Feeding: _____ Formula (type): _____

TURN OVER PLEASE →→→

FAMILY

HISTORY:

	Nasal Allergy	Asthma	Skin Allergy	Food Allergy	Other:
Mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sister	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Daughter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Son	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SOCIAL HISTORY:

Marital status: Single Married / Partner Divorced Widowed
For Children <18 yrs: # of siblings _____ daycare preschool school home school

Current occupation: _____ Hobbies _____

Cigarette/ E-cig / Marijuana / Cigars Chew Tobacco: Current-How much per day?

Started when? _____ Attempts to quit? _____

Past - How much/day? _____ When did you quit? _____

Alcohol use - Drinks/day: _____ Drug use: _____

ENVIRONMENTAL HISTORY:

Current Home house condo apartment mobile home new old remodel How old?
city rural suburban country own rent How long here?

Outdoor factors: trees fields swamps Other
Heat/Ventilation: forced air (furnace/heat pump) radiant baseboard wood stove/fireplace space heater
air conditioner (window/central) wall units radiator

Filter? None fiberglass HEPA electrostatic air cleaner; How often changed/cleaned? _____ Ducts cleaned? _____

Mold/Mildew: basement laundry kitchen bath humidifier / dehumidifier

Rooms with carpeting: bedroom living room TV room How old? _____

Patient's Bedroom: *Mattress* regular foam futon waterbed air mattress How many stuffed toys?

Pillows: regular foam feather/down synthetic *Comforter:* cotton feather/down synthetic

Pets: How many? ☐ Cat(s) _____ ☐ Dog(s) _____ ☐ Other: _____

Smokers in home: none patient mother father spouse/partner child packs/day: _____

REVIEW OF SYSTEMS

Do you CURRENTLY have or have you RECENTLY had any of the following? Circle "none" if negative.

none	General	fatigue		fever		night sweats	
none	Eyes	blurry vision	itchy eyes	red eyes	tearing	change in vision	glaucoma
none	ENT	hearing loss	ringing in ears	nose bleeds		nasal drainage	sinus problems
		fever	sore throat	hoarseness	snoring	loss of smell	nasal polyps
none	Respiratory	cough	shortness of breath		wheezing	history of pneumonia	
none	Heart	chest pain	foot swelling	heart murmur	fast heart rate	palpitations	
none	Digestive	abdominal pain		constipation		heartburn / indigestion	nausea
		vomiting		diarrhea		blood in stool	
none	Skin	acne	dry skin	itching	rash	sores	
		hives	swelling	hair loss	psoriasis		
none	Musculoskeletal	joint swelling	joint pain	muscle aches		back pain	arthritis
none	Neurological	behavior problems		learning problems		daytime sleep	dizziness
		fainting		headache/migraines		seizures	memory loss
none	Endocrine	cold intolerance	heat intolerance	excessive thirst		weight gain or loss	
none	Blood/Lymph	anemia		swollen lymph node		unusual bleeding or bruising	
none	Urinary	painful urination		frequent urination		frequent infections	
none	Psych/Social	anxiety	depression	drug/alcohol	stress	sleep problems	
none	Reproductive	pregnancy		planning pregnancy?		fertility problems	

Reviewed with patient by MD _____ Date _____

Northwest Asthma & Allergy Center, P.S.

General Patient Information

This information will be considered confidential and is necessary for our files.

Date: ___/___/___

Sex: ☐ Male ☐ Female

Patient's Last Name

First Name

Middle Name

Mailing Address

City

State

Zip

Patient's Age: _____ Date of Birth: _____
Month / Day / Year

Employer: _____

Race:

- ☐ Declined ☐ Caucasian ☐ African American ☐ Hispanic ☐ Asian
☐ Multi-racial ☐ Native American ☐ Pacific Islander ☐ Chinese ☐ Filipino
☐ Undetermined ☐ Native Hawaiian ☐ Native Hawaiian ☐ Japanese
☐ Other _____

Ethnicity: ☐ Hispanic or Latino ☐ Non-Hispanic or Latino ☐ Unknown ☐ Declined

Best Daytime Phone #:

(____) _____ - _____ (Mobile, Home or Work)

Check one: ☐ Self ☐ Spouse ☐ Parent ☐ Other: _____

Alternate Phone #:

(____) _____ - _____ (Mobile, Home or Work)

Check one: ☐ Self ☐ Spouse ☐ Parent ☐ Other: _____

Email Address: _____

Emergency contact person outside of the home:

Name Phone # Relationship to Patient

1. Do you have other family members who are seen by our providers? If so, list name(s) & their relationship to the patient.

☐ No ☐ Yes: _____

2. Were you referred to us by a healthcare provider?

☐ No ☐ Yes: _____
Doctor's First and Last Name Address Phone and / or Fax

3. Would you like your visit sent to your primary care provider? Please state title, such as: MD, ARNP, DO, ND.

☐ No ☐ Yes, same as above.

☐ Yes, different: _____
Doctor's First and Last Name Address Phone and / or Fax

Insurance Information

Primary Insurance Company Name: _____

ID #: _____ Insurance Address: _____
Street City, State Zip Code

Group or local #: _____

Subscriber's name: _____ Employer of Subscriber: _____
(As It Appears on Insurance Card)

Subscriber's Date of Birth: _____ Subscriber's relationship to Patient: ☐ Self ☐ Spouse ☐ Other: _____
Month / Day / Year

Secondary Insurance: ☐ No ☐ Yes: _____

ID #: _____ Insurance Address: _____
Street City, State Zip Code

Group or local #: _____

Subscriber's name: _____ Employer of Subscriber: _____
(As It Appears on Insurance)

Subscriber's Date of Birth: _____ Subscriber's relationship to Patient: ☐ Self ☐ Spouse ☐ Other: _____
Month / Day / Year

Assignment of Insurance Benefits / Consent to Care

I authorize payment of medical benefits to the providers of Northwest Asthma & Allergy Center. I also authorize the release of any medical record information necessary to process the insurance claim. I understand that regardless of insurance coverage, I am responsible for my account and any balances due. I further give consent for me/my child to be evaluated and treated by Northwest Asthma & Allergy Center. The above information is accurate and complete to the best of my knowledge.

Patient's or Guarantor's Signature _____ Relationship to patient: ☐ Self ☐ Parent / Legal Guardian
☐ Other: _____

Print Name of Signature Above _____ Guarantor's Date of Birth: _____

12.5.17



Northwest Asthma & Allergy Center, P.S.

Please see our website for detailed directions: www.nwasthma.com

Do not use GPS, Google or Mapquest where noted below, as it will take you to the wrong place

Clinic Locations

Everett

Silver Lake Pavilion
10333 – 19th Ave SE, Suite 105
Everett, WA 98208

Phone: 425.385.2802
Fax: 425.337.7967

Issaquah

22605 SE 56th St, Suite 270
Issaquah, WA 98029

Phone: 425.395.0175
Fax: 425.395.0176

Renton

IDC Building
1412 SW 43rd St, Suite 210
Renton, WA 98057
(do NOT use GPS/Google/Mapquest)

Phone: 425.235.1716
Fax: 425.277.5479

Richland

108 Columbia Pt Dr
Richland, WA 99352

Phone: 509.946.0189
Fax: 509.946.0264

Please note: From E. Lake Sammamish Parkway, we are the 4th entrance on the RIGHT side of the street (going east, up the hill). Go PAST the entrance for 24 Hour Fitness and the Goddard School. We're in the Sammamish View Building, just before the crest of the hill, across the street from the Park Hill Apartments. Look for our white sandwich sign at the driveway.

Seattle

Northgate Executive Center II
9725 – 3rd Ave NE, Suite 500
Seattle, WA 98115

Phone: 206.527.1200
Fax: 206.523.0724

Redmond

8301 – 161st Ave NE, Suite 308
Redmond, WA 98052

Phone: 425.885.0261
Fax: 425.883.8474

Yakima

3901 Creekside Loop, Suite 100
Yakima, WA 98902

Phone: 509.966.3259
Fax: 509.966.0191



Seattle Allergy & Asthma

RESEARCH INSTITUTE

Are You Interested in Learning More About Allergy and Asthma Related Research Studies?

The physicians at Northwest Asthma and Allergy Center (NAAC) have maintained a longstanding commitment to clinical research studies. Since 1972, the NAAC physicians have been involved in more than 500 US Food and Drug Administration (FDA) approved clinical trials through their nonprofit research affiliate called Seattle Allergy & Asthma Research Institute, formerly known as ASTHMA, Inc. SAARI is located in the Northgate office and is currently enrolling for multiple allergy and asthma clinical studies.

SAARI and NAAC are also members of Seattle Food Allergy Consortium (SeaFAC). To learn more about our upcoming clinical food allergy trials, please visit the website at www.seattleallergy.org.

If you are interested in learning more, please list your telephone number and/ or email address, so we may contact you.

Name: _____

Telephone number: _____

Email Address: _____

For more information, please check out our website at:

www.seattleallergy.org

www.seafac.org

Northgate Executive Center II
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Seattle, WA 98115

Phone: 205-525-5520 • Fax: 206-524-6549 • www.SeattleAllergy.org
Associated with Northwest Asthma & Allergy Center